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MAY 2023

# The Saybrook Spirit

THE OFFICIAL ALUMNI NEWSLETTER OF SAYBROOK UNIVERSITY



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Mental Health Worksheets and Resources

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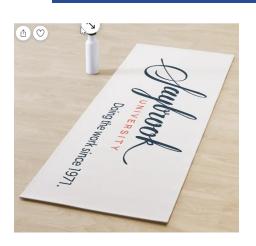
Click Here Saybrook Spirit - May 2023

Our Newsletter is now in a <a href="Virtual Booklet Version!">Virtual Booklet Version!</a>

## Saybrook Spirit Booklet (Click Here)



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# Visit our Alumni Website Page



Alumni Affairs

## Click Here to Visit the Alumni Relations Portal



## **Alumni Relations Home**

WELCOME TO THE SAYBROOK UNIVERSITY ALUMNI RELATIONS PORTAL!

Saybrook has been "Doing the Work Since 1971 to inspire transformational change in individuals, organizations, and communities, toward a just, hur

As graduates, you will always remain an important part of the Saybrook community. We invite you to stay informed about current happenings at Saybrook, remain connected, and share your stones of achievement with us so that we can celebrate them with you. It is our aim to prioride you with rich opportunities for engagement, resources to support you as you make positive change in the world, and opportunities for you to connect with current and prospective students to encourage the next generation of change makers. We are a stronger and more vibrant community together, and we can't wait to hear from you and see you at an event sometime soon.

### STAY CONNECTED & GET INVOLVED





#### CONTACT US

#### **QUICK LINKS**

Click Here to Pay-It-Forward by Donating to the Alumni Funded Scholarship Saybrook.edu/Giving



Email us at: alumni-saybrook@saybrook.edu





**Thank You for Reading!** 

Look for the Jun - Jul 2023 edition coming soon!